

Little League Pitch Counts

Determining when a pitcher can pitch again

MAXIMUM NUMBER OF PITCHES PER DAY

7-8 Years Old	50 PITCHES/DAY	11-12 Years Old	85 PITCHES/DAY
9-10 Years Old	75 PITCHES/DAY	13-16 Years Old	95 PITCHES/DAY

TABLE FOR DETERMINING WHEN A PITCHER CAN PITCH AGAIN							
IF YOUR GAME DAY IS:							
# OF PITCHES A PITCHER THROWS IN A GAME	Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.
If: 1 to 20 pitches thrown, then: No days of rest	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
If: 21 to 35 pitches thrown, then: 1 day of rest	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
If: 36 to 50 pitches thrown, then: 2 days of rest	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.
If: 51 to 65 pitches thrown, then: 3 days of rest	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.
If over 65 pitches thrown, then: 4 days of rest	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.

SYNOPSIS OF PITCHING RULES

1. The manager must remove a pitcher when the pitcher reaches the maximum number of pitches allowed per day for that age group
2. If the limit is reached while still pitching to a batter, the pitcher may continue until the batter is out or reaches base.
3. The pitch counter should inform the umpire when a pitcher has delivered his/her maximum limit of pitches for the game.
4. The player may remain in the game at another position.
5. A pitcher who has thrown 41 or more pitches in a game may not play the position of catcher for the remainder of the game. If on the last batter faced, and the pitcher goes over 41 pitches, they can finish the at-bat and remain eligible to catch. The first pitch to said batter cannot be pitch 41.
6. A player who catches three (3) or fewer innings and then throws 21 or more pitches is not permitted to return to the position of catcher.
7. Any player who has played the position of catcher for four (4) or more innings in a game is not eligible to pitch on that calendar day.
8. Players once removed from pitching may not return as pitchers (except Int/Jr/Sr. and only if they have not been removed from play)
9. Any pitches thrown while the ball is dead" (time is out), do not count toward the pitch count total
10. There are no intentional walks--the pitches must be thrown and counted toward the pitch count total